

Breakfast is the most important meal of the day so we take that seriously.

We love our local suppliers
The eggs in your omelette come from half a mile
down the road, our sourdough handmade by
Stuart at Lagom & our salmon is hot smoked at
Glasson Dock

 ${\it Made\ with\ love\ in\ our\ tiny\ kitchen.}$











gluten free, kids & takeaway menus are available on request





Little Breakfast

Sourdough Toast £2.90 (V) or (VE)

Lagom Bakery sourdough served with Derby Hill Farm butter & strazzberry jam

Banana Bread £3.80 (V)(N)

 $Chocolate\ pecan\ banana\ bread\ served\ warm\ with\ maple\ espresso\ butter$

Raspberry & Lemon Muffin £3.50 (VE)

 $With \ vegan \ clotted \ cream$

Sticky Toffee Pudding Porridge £7.50 (VE/V) (N) (available until 12pm)

Creamy oat milk porridge, date caramel, clotted cream, banana & toasted pecans

Clementine Granola £8.00 (V) (N)

 $Vanilla\ bean\ and\ orange\ Greek\ yoghurt,\ Salt\ pecan\ granola,\\ raspberry\ compote,\ clementine\ curd,\ fresh\ clementine\ \&\ fresh\ berries$

Check our bake stand for our ever changing homemade bakes

Salt Brunch

Toronto Toast £12.00

Thick brioche French toast, smoked streaky bacon, whipped vanilla mascarpone, raspberry compote, fresh berries & maple syrup

Pink Pony Club £13.0

Lancaster honey hot smoked salmon, soft boiled egg, Old Bay hollandaise, sauteed kale, lemon butter & pickled fennel on sourdough toast

 $Add\ an\ eggstra\ egg\ +\pounds 1.50$

Mushroom Congee £12.00 (V) or (VE) (N)

Savoury rice porridge with sauteed wild mushrooms and fried duck egg, topped with scallion oil, pickled ginger & Salt chilli crisp

Add pancetta +£1.50

Enough's an ouef £11.00 (V) (N)

Soft scramble with sage, honey roasted squash, sauteed kale, chilli yoghurt and pumpkin seeds on sourdough toast

Add Lancaster hot smoked salmon +£3.50

Add pancetta +£2.50

Breakfast Biscuit £14.00 (available from Friday)

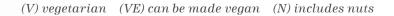
Smokey sausage baked beans, parmesan chive buttermilk biscuit, smoked streaky bacon & fried egg. Served with Old Bay hollandaise & cured duck egg

Vegan Shakshuka £11.50 (VE)

Tofu 'eggs' in a red pepper, onion, garlic and tomato sauce with harissa, lemon yoghurt, pumpkin seeds & fresh coriander. Served with warm flatbread

Salt Hash £13.50

Char siu ham, roast dinner hash, fried duck egg & crispy sprouts. Served with Old Bay hollandaise and Salt mustard







Sandwiches add a cup of soup to any sandwich +£2.50

Jeremy Allen White Lookalike £13.00

Red wine and treacle braised beef cheek, bacon lardons, Kick Ass cheddar, caramelised onions and Salt mustard on a warm baguette. Served with dipping gravy and cornichons

Sausageopolis £9.50

Sage and onion sausage patty, pancetta, fried egg, caramelised onion, rosemary crisps, Old Bay hollandaise & bacon ketchup on a butter grilled brioche bun

Add an extra sausage patty +£3.00

Desperately Seeking Salmon £9.50

Lancaster honey hot smoked salmon, garlic and chive cream cheese, pickled cucumber, pickled beetroot, everything seasoning, caperberries, pickled onion & fresh herbs on a toasted sourdough bagel

Mayak Egg Butty £9.00 (V)

Two soy, chilli and sesame fried eggs, crispy potato, Swiss cheese, spinach and kimchi with spicy mayo on a butter grilled brioche bun

Monte Cristo £11.50

Char siu glazed ham, Swiss cheese, French toast brioche & maple syrup. Served with ith cherry jam or red pepper chilli sauce

 $Add\ a\ fried\ egg\ +\pounds 1.50$

Hit Brie Baby One More Thyme £9.50 (V) (N)

Honey brûléed brie, plum and fig chutney, pistachio, spinach & thyme butter on warm baguette. Served with Cornichons and rosemary crisps

Nutting Hill £9.50 (VE) (N)

Chestnut and cashew nut roast, pickled beetroot, spinach, sage and onion mayo & crispy sprouts on sourdough. Served with rosemary crisps

Tots & Bits

Tots £4.50 (VE)

Seasoned with Maldon salt and a choice of dip. Choice from Salt Ketchup (ve), Bacon Ketchup, Dijonnaise (v), Spicy mayo(ve), Salt Mango Hot Sauce (v), Old Bay Hollandaise (v), Red Pepper Chilli Sauce (ve), Sage and Onion Mayo (ve)

Extra dip +£0.90

Brie our Guest £7.00 (V)

Tots tossed in garlic butter topped with melted Brie, caramelised onion & date honey

Tots Madame £8.00

Tots topped with char siu ham, kick ass cheddar, fried egg, Dijonnaise, and cured duck yolk

Kimmi Tots £7.00 (*VE*) (*N*)

 $Tots, kimchi, chilli\ crisp,\ sesame,\ peanut\ rain,\ spring\ onion\ and\ spicy\ mayo$

 $Add\ chillifried\ egg\ +\pounds 1.50$

Side of Roast Dinner Hash £4.50 (VE/V)

Soup of the Day £7.00

Served with sourdough & Derby Farm butter

(V) vegetarian (VE) can be made vegan (N) includes nuts









Breakfast Cocktails

2 of the same type for £15.00

Apple Pie Margarita £8.50 (V)

Olmeca Blanco, Cointreau, lime, apple, maple & cinnamon

Kimchi Bloody Mary £8.50 (VE)

Absolut, Salt kimchi, Sriracha, Hendersons, Big Tom & Salt spice mix

Gingerbread Espresso Martini £8.50 (V)

 $Absolut, Kahlua, gingerbread\ syrup, Timber\ Town\ double\ espresso\ \&\ Maldon\ salt$

Raspberry & Honey Mimosa £7.50

Raspberry compote, cacao honey & Prosecco

Liqueur Coffee £6.00

Baileys Latte (V)

Baileys, double espresso, steamed milk

Irish Coffee (V)

Jamesons, Americano, Double Cream

Italian Coffee (V)

 $Disaronno, Americano, Double\ Cream$





If you have any dietary requirements please inform a member of staff. Even though we have a small kitchen we will try our best to accommodate, but we cannot guarantee lack of cross contamination.

